

**8 hour
courses
offered
live
via
Zoom**

refer to your time zone
below

0930-1830 PST

1030-1930 MT

1130-2030 CT

1230-2130 EST

Dispatcher Customer Service

Customer service
knowledge and
tools that help
provide service

**Two popular
choices
available to
dispatchers
from all states
and centers**

Dispatchers Wellness

Wellness,
Mindfulness,
Nutrition,
and
Movement



www.dispatchwellness.com

Past Participant Reviews

**"By far the best Dispatch
Wellness class I've taken....and
I've taken several."**

-Dispatcher, Southern California

**"Luz is an amazing instructor! Her spirit
is so kind and she has a vast knowledge
of wellness practices. I cannot wait to
implement her ideas and take them back
to the dispatchers at my center."**

**-Dispatch Supervisor, San Diego Metropolitan
Area**